

London

Backinham palace

The Abbey was founded by Edward the Confessor and consecrated in 1065. Every king and queen of England since William the Conqueror has been crowned here with the exception of both Edward V and Edward VIII and many are buried here too. The abbey also holds the Coronation throne as well as monuments and plaques that help you to remember Britain's past such as tributes to Britain's armed forces. The abbey also holds many famous peoples death masks including Henry VII's.

Whitehall palace

The magnificent ceiling paintings in the Banqueting House, commissioned by Charles I and executed by the famous Flemish artist Sir Peter Paul Rubens, were installed in 1636 and confirmed the Banqueting House at the forefront of princely taste. They represent the only scheme painted by Rubens to remain in its original position.

Chelsea Psichyc Park

Situated in the heart of London, this 'Secret Garden' is a centre of education, beauty and relaxation. Founded in 1673 by the Worshipful Society of Apothecaries, it continues to research the properties, origins and conservation of over 5000 plant species.

Chelsea fotball club

Come on you blues!... We've got a great range of gifts and experiences for the Chelsea supporter in your life, including a tour of Stamford bridge with options to sit in the dugout and peep in the Chelsea dressing room, perfect for any blues fan!

Go Ape

Swing by for some tree-time

Climb the trees and slide across high wires, crawl through tunnels, cross rope bridges, walk the planks, and zip down to the ground! Go Ape is an award winning high wire forest adventure course with a network of rope bridges, trapezes and zip slides, all set high up in the tree tops. Appealing to a wide age range, customers are fitted with a climbing harness, given safety instructions, and then trek from tree to tree high above the forest floor, without supervision. Go on... Go Ape and live life adventurously.

21 courses UK wide (see Agenda for details)

Camdens ATRS Center

Camden Arts Centre is a world-class contemporary visual arts space, dedicated to engaging with the highest calibre artists from across the international arts scene. Placing the artist at the centre, Camden Arts Centre strives to involve members of the public in the ideas and work of today's artists, and the artists who inspire them.

Royal Academy of Arts

The Royal Academy of Arts has a unique position in being an independent, privately funded institution led by eminent artists and architects whose purpose is to promote the creation, enjoyment and appreciation of the visual arts through exhibitions, education and debate.

Firepower : The Royal Artillery Museum

Firepower, The Royal Artillery Museum, based in the historic Royal Arsenal in Woolwich, the birthplace of the Royal Artillery which was founded there in 1716. Firepower tells the story of the men and women - more than two million of them - who have served as Gunners in the Royal Regiment of Artillery since it was founded.